

Black Belt Thesis

Thesis: should be typed on unlined paper. Spelling and grammar count. Must be at least 500 words.

Topic for thesis: "How has martial arts changed your life? What has martial arts training taught you, aside from the physical movements? What will you do if you achieve a black belt in martial arts?"

Note - The topic of the thesis is a three part evaluation of what the student thinks and feels concerning martial arts. This is a chance for us (their instructors) to get feedback from black belt candidates as to what the student has to say after their three-year (plus) involvement in the martial arts and in the World Martial Arts Federation. Age of the candidate and grade in school will be taken into consideration when reading the thesis' from students. Do your best and tell us how you feel and what you think! Thesis is counted as 10% of the final Black Belt Test grade.

Note #2 - any questions about this pre-test guide should be directed toward Mr. Lane or Mr. Perego. The <above> material contained in this guide represent all of the techniques and drills covered from white belt to 1st gup red belt in the WMAF. This material is standardized and taught to all students progressively from rank to rank. The WMAF 1st degree black belt test is a culmination of all this material taught over a minimum 3-year span and is expected to be performed to a satisfactory standard during the 1st degree black belt testing.