

# CHAMPION KARATE VIDEO SERIES from DANNY LANE

Go from White Belt to Black Belt with Champion Karate Video Series.



Now YOU can learn this unique system of martial arts from one of America's top Masters, Danny Lane. His system unites Tang Soo Do, Karate, Judo, Ju-Jitsu, Aikido, Sport Karate, Kickboxing and Street Survival techniques, giving you a fast, effective method of Self-Defense. Master Lane has been in the martial arts more than thirty-four years and was personally trained by Chuck Norris for more than 20 years. He is a 8th Degree Black in the WMAF and a 6th Degree Black Belt in Chuck Norris's United Fighting Arts Federation. He also holds high ranks in Ju-Jitsu, Judo, Aikido and Karate. This exciting easy-to-follow 10 volume instructional series is one of the TOP sellers on the market. Professionally endorsed by Chuck Norris himself.

"Hello, I'm Chuck Norris. Danny Lane's training tapes are some of the best tapes on the market today. I highly recommend them for all martial artists regardless of rank or style".

CHUCK NORRIS



## Champion Karate Vol. One - Yellow Belt

In this valuable tape, 7 Time National Karate Champion Danny Lane covers the basic blocks, punches, kicks, self-defense and fighting. ONLY \$29.95

## Champion Karate Vol. Two - Purple Belt

In this valuable tape, Danny Lane covers more basic blocks, punches, mat work, open hand strikes, kicks, one-steps, jumping kicks, self-defense, form one and fighting techniques. ONLY \$29.95

## Champion Karate Vol. Three - Orange Belt

In this valuable tape, Danny Lane covers the intermediate blocks, punches, open hand strikes, kicks, self-defense, form two and fighting techniques. ONLY \$29.95

## Champion Karate Vol. Four - Blue Belt

In this valuable tape, Danny Lane covers the advanced basics, kicks, form three, one-steps, self-defense, fighting techniques, defensive fighting, blocking and countering, mat work and more. ONLY \$29.95

## Champion Karate Vol. Five - Green Belt

In this valuable tape, Danny Lane covers the intermediate advanced level, teaches U.F.A.F. form one, intermediate form one, bo staff form, crescent kicks, sweeps, self-defense and fighting techniques. ONLY \$29.95

## Champion Karate Vol. Six - Brown Belt

In this valuable tape, Danny Lane covers the intermediate advanced level, teaches part two of U.F.A.F. form one, part two of bo staff form one, intermediate form two, heel kicks, all phases of jump kicks and round kicks, throws, one-step and three-step fighting, chokes and fighting combinations. ONLY \$29.95

## Champion Karate Vol. Seven - Red Belt

In this valuable tape, Danny Lane begins the advanced program. Covers U.F.A.F. form two, advanced form three, jump spin heel kicks, advanced one-steps and three-steps, throws, 12 knife disarming techniques, fighting combinations and defensive fighting. ONLY \$29.95

## Champion Karate Vol. Eight - Black Belt

In this valuable tape, Danny Lane concludes the advanced program. Covers U.F.A.F. form three, advanced forms four and five, bo staff form two, advanced one-steps and three-steps, fighting combinations and gun disarming techniques. ONLY \$29.95

## Sport Fighting & Kickboxing Vol. Nine

In this valuable tape, Danny Lane covers punches, reverse punch, ridge hand, back fist, fighting stance, fighting footwork, front, side, round, back, crescent, jump kicks. Also covers focus pad training, and many fighting combat strategies. ONLY \$29.95

## Street Self Defense Vol. Ten

In this valuable tape, Danny Lane covers wrist flexes, inside and outside sweeps, hip throw, shoulder, body drops, chokes, knife and gun disarming techniques. ONLY \$29.95

**SPECIAL: Order any 4 tapes and ONE FREE! SPECIAL: Order all 10 tapes SAVE \$110.00!**