



The World Martial Arts Federation Creed

I come to you with Martial Arts, empty hands, I have no weapons, I mean you no harm, but should I be forced to defend myself, my dignity or my honor, should it be a matter of right or wrong, life or death, I come to you with Martial Arts, empty hands.

WMAF Philosophy of life.

1. Discipline - Self Control Over Mind and Body.
2. Integrity - Sincerity and honesty towards self and others.
3. Loyalty - To faithfully support what I believe to right and true.
4. Respect - I must show respect in order to receive respect.

WMAF STUDIO RULES AND REGULATIONS

To establish "Rules and Regulations" of conduct for use inside the studio.

1. No profanity in studio.
2. No smoking in studio.
3. Only approved shoes are to be worn on mat.
4. Everyone will bow before entering and when leaving mat.
5. All instructors will be addressed as Mister, Mrs., or Miss.
6. When a higher Black Belt member enters a studio with a class in session the instructor will stop the class, and acknowledge his presence by having the class bow to him or her.
7. No student shall join or leave class in progress without instructor's permission.
8. Students will not free spar without protective cup.
9. No student will ask or challenge a higher grade belt to free spar.
10. No jewelry will be worn during class.
11. Students will not chew gum during class.
12. Students will always work out in a clean uniform.
13. Students will always keep fingernails and toenails trimmed.
14. No student will test for promotion if behind on lessons or payments.

WMAF Ranking System:

12th WHITE -time in grade 3 months with an average of 3 hours per week training.
11th YELLOW -time in grade 3 months with an average of 3 hours per week training.
10th PURPLE -time in grade 3 months with an average of 3 hours per week training.
9th ORANGE -time in grade 3 months with an average of 3 hours per week training.
8th BLUE -time in grade 3 months with an average of 3 hours per week training.
7th BLUE -time in grade 3 months with an average of 3 hours per week training.
6th GREEN -time in grade 3 months with an average of 3 hours per week training.
5th GREEN-time in grade 3 months with an average of 3 hours per week training.
4th BROWN -time in grade 3 months with an average of 3 hours per week training.
3rd BROWN-time in grade 3 months with an average of 3 hours per week training.
2nd RED -time in grade 3 months with an average of 3 hours per week training.
1st RED-time in grade 3 months with an average of 3 hours per week training.
1st DEGREE BLACK-2nd DEGREE -time in grade and training 2 years
2nd DEGREE-3rd DEGREE -time in grade, training and teaching 3 years
3rd DEGREE-4th DEGREE -time in grade, training and teaching 3 years
4th DEGREE-5th DEGREE - time in grade, training and teaching 4 years
5th DEGREE-8th DEGREE –honorary by the Board of Directors

WMAF CODE OF ETHICS

1. I will look for the good in all people and make them feel worthwhile.
2. I will always be in a positive frame of mind and convey this feeling to everyone.
3. I will give so much time to my improvement that I have no time to criticize others.
4. If I have nothing good to say about a person, I will say nothing.
5. I shall continually work at developing love, happiness, and loyalty in my family.
6. I shall develop myself to the maximum of my potential in all ways.
7. I will always remain loyal to my country and obey the laws of the land.
8. I will be as enthusiastic about the success of others as I am about my own.
9. I will forget the mistakes of the past and press on to achievements in the future.
10. I will maintain an attitude of open-mindedness toward another person's viewpoint.
11. I will maintain respect for those in authority and demonstrate it at all times.
12. I will become and remain highly goal-oriented throughout my life.

WMAF CODE OF CONDUCT

1. Service - Give unselfish service by helping and encouraging other students, 'participating in

service projects and showing pride in the school by maintaining a clean and orderly place to train.

2. Respect - Students will not only show etiquette for the seniority system and honor senior members but show respect for self, other students and all human beings.

3. Honesty - Our personal, business, family lives will be conducted honestly. No lying, cheating, or stealing.

4. Self-Improvement - Develop a habit of lifelong learning by studying books and tapes on success and self-improvement and practicing the principles in daily life.

5. Health - Protect our skills by avoiding harmful health practices such as smoking, drugs, and excessive use of alcohol.

6. Loyalty - Support the World Martial Arts Federation, The World Martial Arts Centers, your instructor, school and fellow students by word and action.

7. Character - Reflect honor and respect on the Martial Arts and our association by living a clean and upstanding life.

8. Control - Beginners will mask emotions. Advanced students will control and discipline emotions and actions - act not react.

9. Courage - Develop courage by opposing influences that can cause failure or defeat mentally, emotionally, spiritually or physically.

10. Sincerity - Demonstrate sincerity by carrying the code outside the school and into personal life, not being two faced or hypocritical.